

# LGBT+ YOUNG PERSON & FACING HOMELESSNESS?

There are services  
in Brighton & Hove  
that can help.

A service guide by Brighton & Hove City Council funded partnership

Research shows that lesbian, gay, bisexual, and trans (LGBT+) young people are more at risk of homelessness than others, but there are services in Brighton & Hove that can help. We are committed to working together to support LGBT+ young people out of homelessness

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Allsorts Youth Project listens to, supports & connects children & young people under 26 who are lesbian, gay, bisexual, trans or in the process of exploring their sexual orientation and/or gender identity (LGBT+). We provide youth groups, one-to-one support and advocacy to LGBT+ children, young people and their families across Sussex.

[www.allsortsyouth.org.uk](http://www.allsortsyouth.org.uk)

01273 721211

[youth@allsortsyouth.org.uk](mailto:youth@allsortsyouth.org.uk)

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The YMCA Youth Advice Centre (YAC) is the first place to go for housing advice for anyone under 26 years old who is homeless or threatened with homelessness in the Brighton area. We also offer a range of other services, including mediation services, sexual health services and benefits/money advice.

[www.ymcadlg.org](http://www.ymcadlg.org)

01273 624432

[yacbrightonhousingadvice@ymcadlg.org](mailto:yacbrightonhousingadvice@ymcadlg.org)

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CTS provide a day-space for 16-to-25-year olds who are homeless, where they can feel safe and access services and support. We provide the everyday necessities like somewhere to shower, do laundry, eat a healthy meal, use computers and get post.

[www.thects.org.uk](http://www.thects.org.uk)

01273 722353 / 07930 050820

[services@thects.org.uk](mailto:services@thects.org.uk)



Sussex Nightstop coordinates a community of volunteer hosts who open up their spare rooms to provide a safe, non-judgemental, inclusive place to stay for people who are homeless or at risk of homelessness whilst they work on finding a longer-term home. We accept referrals into Nightstop through our trusted partners. For more information visit our website.

[www.sussexnightstop.org.uk](http://www.sussexnightstop.org.uk)

[www.sussexnightstop.org.uk/contact-us](http://www.sussexnightstop.org.uk/contact-us)



The Youth Support Team from East Sussex County Council provides support to young people from East Sussex that are homeless or at risk. Contact your nearest Youth Support Team for help.

**St Marks House**  
**14 Upperton Road**  
**Eastbourne, BN21 1EP**  
**01323 747094**

**Ocean House**  
**87-89 London Road**  
**St Leonards, TN37 6DH**  
**01424 724130**



FindItOut Centres are located across West Sussex and are the first stop for housing support for young people and provide array of other services, such as counselling and sexual health advice.

To find the nearest centre to you, search 'find it out' on the West Sussex County Council website [www.westsussex.gov.uk](http://www.westsussex.gov.uk)

*"The abuse I was experiencing from my parents got so bad that I had to leave. I didn't know where to turn. The support I received helped me to understand my options."*

***"There were many weeks leading up to the day of homelessness that I felt my life was doomed... but through the preparation undertaken by YAC I was housed in temporary accommodation. I accessed support from Allsorts and was then able to complete my masters degree. I can now look forward to a hopeful and promising future ahead."***

## OUT-OF-HOURS SERVICES

### Brighton & Hove

Front Door for Families (under 18s)

**01273 335905**

Adult Social Care/ Carelink Plus (Ages 18+)

**01273 295555**

### West Sussex

Children's Social Care (under 18s)

**033 022 26664**

Youth Homelessness Prevention Team  
(16 and 17 year olds)

**033 022 24711**

Adult Social Care (18+)

**01243 642121**

### East Sussex

Youth Support Team Emergency Duty  
Service (under 18s)

**01273 335905**

Adult Social Care (18+)

**0345 608 0191**

### Other Helplines

Samaritans (open 24/7)

Call **166123**

Hopeline UK (under 35)

Open Everyday 9am - 12am

Call: **0800 068 41 41**

Text: **07860 039967**



**free • 24/7 • confidential**  
**runaway**  
**helpline**

Runaway Helpline is here if you are thinking about or have run away. Free, confidential and available 24/7. Call, text or email.

[www.runawayhelpline.org.uk](http://www.runawayhelpline.org.uk)

**116 000**

**116000@www.runawayhelpline.org.uk**



Shout 85258 is a free, confidential, 24/7 text messaging emotional support service for anyone who is struggling to cope.

[www.giveusashout.org](http://www.giveusashout.org)

**85258**